




# JULY In-House Menu 2018

Phone: 902-465-5578 45 Ochterloney St. Dartmouth, NS

MENU IS  
SUBJECT TO  
CHANGE



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>CANADA DAY HOLIDAY- CENTRE IS CLOSED</b> 	<b>3</b> Bacon, Broccoli & Cheese Quiche, Pasta Salad, Homemade Roll, Bread Pudding	<b>4</b> Beef Stew, Mashed Potato, Tea Biscuit, Chocolate Cake	<b>5</b> French Toast with Syrup Breakfast Sausage, Home Fries, Lemon Pie Squares	<b>6</b> Breaded Cod Bites with Tartar, Roasted Potato, Peas & Carrots, Carrot Cake
<b>9</b> Breaded Chicken, Mashed Potato, Diced Turnip, Peaches	<b>10</b> Liver & Onions w Gravy, Mashed Potato, Diced Carrots, Coconut Cream Square	<b>11</b> Pork Loin with Savory Stuffing, Rice, Mashed Carrot & Squash, Strawberry Shortcake	<b>12</b> Lasagna, Garlic Fingers, Caesar Salad, Date Square	<b>13</b> Baked Lemon Pepper Haddock, Mashed Potato, Wax Beans, Apple Crisp w Cream
<b>16</b> Creamy Macaroni & Cheese, Coleslaw, Homemade Roll, Butterscotch Pudding	<b>17</b> Baked Ham, Scalloped Potato, Mixed Veggies, Chocolate Cupcake	<b>18</b> Cold Plate: Sliced Ham, Potato Salad, Garden Salad, Homemade Roll, Raspberry Jell-O w Cream	<b>19</b> Corned Beef & Cabbage, Boiled Potato, Carrots & Turnip, Cinnamon Roll	<b>20</b> Baked Breaded Haddock, Home Fries, Peas, Strawberry Delight
<b>23</b> Meatloaf with Gravy, Oven Roasted Potatoes, Beets, Chocolate Pudding	<b>24</b> Shepherd's Pie, Coleslaw, Homemade Roll, Apple Buckle	<b>25</b> Sweet & Sour Chicken, Fried Rice, Garden Blend Veggies, Blueberry Cheesecake	<b>26</b> Chicken Salad Wrap, Potato Salad, Caesar Salad                      Lemon Poppy Seed Cake	<b>27-DSSC BIRTHDAY LUNCH</b>  Hamburgers & Hot Dogs, Salads, Lemonade,  Birthday Cake & Ice Cream games & more! <b>\$10 MEMBERS \$12 NONMEMBERS</b>
<b>30</b> ¼ Honey Garlic Chicken, Mashed Potato, Carrots, Fruit Cocktail	<b>31</b> Swiss Steak, Mashed Potato, Green Beans, Grape Jell-O w Cream	<b>What's Happening at the DSSC IN JULY?</b> Fri July 27 <sup>th</sup> - Help us celebrate our 42 <sup>nd</sup> BIRTHDAY with great food, fun games & a bake sale too!!! <b>DSSC</b> <b>MEDICAL ASSISTANCE PROGRAM</b> - available to all MEMBERS-n ask us about it! <b>SENIORS BUS TICKETS FOR SALE HERE</b> - \$1.25 for MEMBERS/\$1.45 for NON-MEMBERS or \$12.50/sheet of 10 tickets for MEMBERS/ \$14.50/sheet of 10 tickets for NON-MEMBERS		

DSSC REGULAR Meal Prices- MEMBERS- \$7.50 NON-MEMBERS-\$8.50  
**PRICES ARE REGULAR UNLESS SPECIALLY MARKED LUNCH is served at NOON except TUES at 11:45am**