

JANUARY In-House Menu 2018

Phone: 902-465-5578 45 Ochterloney St. Dartmouth, NS B2Y 4M7

Monday	Tuesday	Wednesday	Thursday	Friday
CENTRE CLOSED	2 Liver & Onions Mashed Potato, Broccoli, White Cake in Maple Sauce	3 Meatloaf with Gravy, Mashed Potato, Corn, Blueberry Cheesecake	4 Spaghetti & Meatballs, Caesar Salad, Raspberry Swirl	5 Haddock in Egg Sauce, Mashed Potato, Carrots, Spice Cake
8 Chicken Parmesan, Rice, PEI Veggies, Peaches & Cream	9 Macaroni & Cheese, Garden Salad, Homemade Roll, Butterscotch Caramel Pie	10 Baked Ham, Scalloped Potato, Mixed Veggies, Brownies	11 Shepherd's Pie, Homemade Roll, Coleslaw, Upside-down Pineapple Cake	12 Salmon Loaf, Roasted Potatoes, Winter Mix Veggies, Coconut Poke Cake
15 Pork Roast with Gravy, Mashed Potato, Peas & Carrots, Chocolate Mousse	16 Turkey Casserole, Homemade Roll, Garden Salad, Blueberry Pie	17 ¼ Baked Chicken with Cranberry Sauce, Rice, Corn, Carrot Cake	18 Corned Beef & Cabbage, Boiled Potato, Turnip & Carrots, Date Square	19 Fish Cakes, Chow Chow, Green Beans, Strawberry Jell-O with Cream
22 Pork Chop in Mushroom Sauce, Mashed Potato, Mixed Veggies, Rice Pudding	23 Chicken Stir Fry, Rice, Eggroll, Ginger Snap Cookies	24 Beef Stroganoff, Coleslaw, Carrots, Blueberry Shortcake	25 Macaroni Beef Casserole, Homemade Roll, Garden Salad, Pumpkin Muffin	26 Mushroom Melt Haddock, Roasted Potato, Peas, Pineapple Delight
29 Sweet & Sour Meatballs, Rice, Corn, Fruit Cocktail	30 Octoberfest Sausage with Sauerkraut, Mashed Potato, Mixed Veggies, Coconut Cream Pie	31 Coq au Vin (Chicken in Wine Sauce), Broccoli, Mashed Potato, Applesauce Cake	MENU IS SUBJECT TO CHANGE	<p><u>DSSC REGULAR Meal Prices</u> MEMBERS- \$7.50 NON-MEMBERS-\$8.50 PRICES ARE REGULAR UNLESS SPECIALLY MARKED LUNCH is served at NOON except TUES at 11:45pm PLEASE CALL CHERYL AT 902-465-5578 EXT.213</p>

