



































OCTOBER ACTIVITIES 2017 *Get involved with your Seniors Centre today!*

Phone: (902) 465-5578 website- www.dartmouthseniors.ca 45 Ochterloney St. Dartmouth, NS B2Y 4M7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 9:30am Yoga 6:00pm Kiwanis 	3 9:00am Knit & Stitch 9:00am Water Colour Paint Class 9:00am Wood Sculpture 1:00pm Bingo 7:00pm Bridge   	4 9:00am- 2:30pm Dalhousie Student Nurse 9:30am Fun & Fitness 1:00pm Darts 	5 9:00am Oil & Acrylics Paint Class 1:00pm Choir 12:00pm Thanksgiving Turkey Lunch 6:00pm Card & Games Night Supper  	6 1:30pm MOVIE MATINEE 	7 7:30pm 45s 	
8	9 CENTRE CLOSED FOR THANKSGIVING DAY	10 9:00am Knit & Stitch 9:00am Water Colour Paint Class 9:00am Wood Sculpture 1:00pm Bingo 7:00pm Bridge   	11 9:00am- 2:30pm Dalhousie Student Nurse 9:30am Fun & Fitness 1:00pm Darts 	12 9:00am Oil & Acrylics Paint Class 1:00pm Choir 6:30pm-OCT PAINT NIGHT  	13 1:00pm - Book Club 1:30pm MOVIE MATINEE 	14 5:00pm Kiwanis Spaghetti Supper	
15	16 9:30am Yoga 6:00pm Kiwanis 	17 7:30am Men's Breakfast (private catering) 9:00am Knit & Stitch 9:00am Water Colour Paint Class 9:00am Wood Sculpture 10:30am Board Meeting 1:00pm Bingo 7:00pm Bridge 7:00pm Coin Club Meeting   	18 9:00am- 2:30pm Dalhousie Student Nurse 9:30am Fun & Fitness 1:00pm Darts 	19 9:00am Oil & Acrylics Paint Class 1:00pm Choir 	20 1:30pm MOVIE MATINEE 	21 10:00am- 1:00pm Fall Fair 7:30pm 45s 	
22	23 9:30am Yoga 6:00pm Kiwanis 	24 9:00am Knit & Stitch 9:00am Water Colour Paint Class 9:00am Wood Sculpture 1:00pm Bingo 7:00pm Bridge   	25 9:00am- 2:30pm Dalhousie Student Nurse 9:30am Fun & Fitness 1:00pm Darts 	26 9:00am Oil & Acrylics Paint Class 1:00pm Choir 4:30-6:30pm- Halloween Happy Hour  	27 1:30pm MOVIE MATINEE 	28 7:30pm 45s 11:30am - Merchandise Bingo!!!!!! 	
29	30 9:30am Yoga 6:00pm Kiwanis 	31 9:00am Knit & Stitch 9:00am Water Colour Paint Class 9:00am Wood Sculpture 12:00pm- SPOOKY LUNCH 1:00pm Bingo 7:00pm Bridge   	Book Club's Book of the Month for OCTOBER-----> ADULT ONSET by Ann-Marie MacDonald 				

COMING SOON:

Thursday, Nov 2nd - CARD PARTY

Saturday, Nov 4th - CHOIR CONCERT for REMEMBRANCE DAY

Friday, Nov 10th - CENTRE CLOSED for REMEMBRANCE DAY (hosting Parade Participants at the Centre)

Thursday, Nov 16th - 41st ANNUAL RECOGNITION DINNER

CHOOSE DSSC FOR YOUR NEXT CATERING EVENT (BIRTHDAYS, ANNIVERSARIES, WEDDINGS AND MORE). FULLY LICENSED AND HOME STYLE COOKING!