





















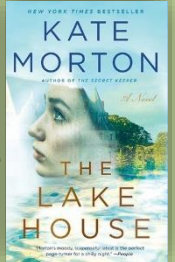



# JANUARY ACTIVITIES 2018 Get INVOLVED With **your** SENIORS Centre today!

Phone: (902) 465-5578 website- [www.dartmouthseniors.ca](http://www.dartmouthseniors.ca) 45 Ochterloney St. Dartmouth, NS B2Y 4M7

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> CENTRE CLOSED	<b>2</b> 9:00am Knit &Stitch 1:00pm Bingo 7:00pm Bridge 	<b>3</b>	<b>4</b> 6pm- Card Party &Supper	<b>5</b> 1:00pm <b>MOVIE MATINEE</b> 	<b>6</b> 7:30pm 45s 
<b>7</b>	<b>8</b> 9:30am Yoga 6:00pm Kiwanis 	<b>9</b> 9:00am Knit &Stitch 9:00am Water Colour Painting 9:00am Wood Sculpture 1:00pm Bingo 7:00pm Bridge 	<b>10</b> 9:00am-2:30pm Dal Student Nurse 9:30am Fun & Fitness  1:00pm Darts	<b>11</b> 9:00am Oil & Acrylics class 	<b>12</b> 1:00 pm <b>BOOK CLUB</b>	<b>13</b> 7:30pm 45s 
<b>14</b>	<b>15</b> 9:30am Yoga 6:00pm Kiwanis 	<b>16</b> 7:30am- Christian Men's Breakfast 9:00am Knit &Stitch 9:00am Water Colour 9:00am Wood Sculpture 10:30- Board Meeting 1:00pm Bingo 7:00pm Bridge 6:00pm Coin Club Meeting 	<b>17</b> 9:00am-2:30pm Dal Student Nurse 9:30am Fun & Fitness  1:00pm Darts	<b>18</b> 9:00am Oil & Acrylics class	<b>19</b> 1:00pm <b>MOVIE MATINEE</b> 	<b>20</b> 7:30pm 45s 
<b>21</b>	<b>22</b> 9:30am Yoga 6:00pm Kiwanis 	<b>23</b> 9:00am Knit &Stitch 9:00am Water Colour Painting 9:00am Wood Sculpture 1:00pm Bingo 7:00pm Bridge 	<b>24</b> 9:00am-2:30pm Dal Student Nurse 9:30am Fun & Fitness 1:00pm Darts 6:00pm- Among Friends (Private Catering) 	<b>25</b> 9:00am Oil & Acrylics 6:30pm- <b>Paint Night</b> 	<b>26</b> 1:00pm <b>MOVIE MATINEE</b> 	<b>27</b> 7:30pm 45s 
<b>28</b>	<b>29</b> 9:30am Yoga 6:00pm Kiwanis 	<b>30</b> 9:00am Knit &Stitch 9:00am Water Colour Painting 9:00am Wood Sculpture 1:00pm Bingo 7:00pm-Bridge 	<b>31</b> 9:00am-2:30pm Dal Student Nurse 9:30am Fun & Fitness 10:00am- Computer Training with Alderney Gate Library  1:00pm Darts	<b>Book Club Book of the Month for JANUARY→</b>  <b>The Lake House by Kate Morton</b> 		

**COMING SOON:** Wednesday Feb. 14<sup>th</sup> – Valentine's Day Brunch      Monday, Feb. 19<sup>th</sup> – Centre Closed for Heritage Day      Thursday, Feb. 22<sup>nd</sup> – PAINT NIGHT

CHOOSE DSSC FOR YOUR NEXT CATERING EVENT (BIRTHDAYS, ANNIVERSARIES, WEDDINGS AND MORE). FULLY LICENSED AND HOME STYLE COOKING!

