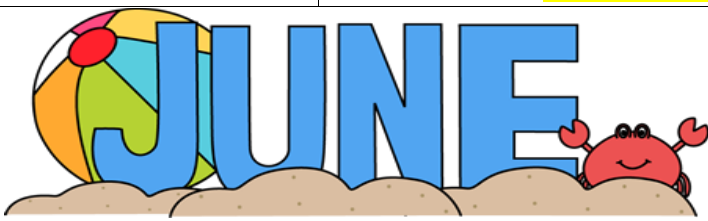


YOUR Name: _____

JUNE MEALS ON WHEELS MENU 2017

PLEASE RETURN this copy with your driver

WRITE the number of meals you would like in each # meals ___ box BEFORE the new month begins to ensure your choices ☺

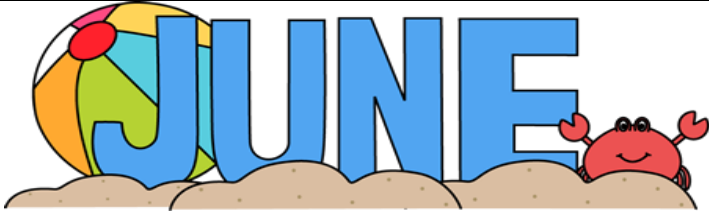
Monday (DELIVERY DAY)	Tuesday's meal DELIVERED WED	Wednesday (DELIVERY DAY)	Thursday's meal DELIVERED FRI	Friday (DELIVERY DAY)
		<p>MENU IS SUBJECT TO CHANGE</p>		
			<p>1 Hot Roast Beef Sandwich Home Fries, Coleslaw Bread Pudding # meals _____</p>	<p>2 Haddock in Egg Sauce Mashed Potato, PEI Veggies, Rice Pudding # meals _____</p>
<p>5 BBQ Pork Chops Green Beans, Rice, Chocolate Mousse # meals _____</p>	<p>6 Chicken Casserole Garden Salad, Homemade Bread, Upside-down Pineapple Cake # meals _____</p>	<p>7 Beef Patties in Gravy Mashed Potato, Carrots, Raspberry Jell-O # meals _____</p>	<p>8 Pizza Caesar Salad, Butterscotch Caramel Pie # meals _____</p>	<p>9 Salmon Loaf Mashed Potato, Mix Veggies, Apple Buckle # meals _____</p>
<p>12 Honey Garlic Meatballs Corn, Rice, Peaches & Cream # meals _____</p>	<p>13 Liver & Onions with Gravy Mashed Potato, Peas, Coconut Cream Pie # meals _____</p>	<p>14 Chicken Parmesan Mashed Potato, Garden Blend Veggies, Lemon Tart # meals _____</p>	<p>15 BBQ Side Ribs Rice, Eggroll, Blueberry Dumplings with Cream # meals _____</p>	<p>16 Grilled Haddock Roasted Potato, Peas & Carrots Lemon Jell-O with Cream # meals _____</p>
<p>19 ¼ Baked Chicken Leg Mashed Potato, Brussel Sprouts, Pears # meals _____</p>	<p>20 Macaroni & Cheese Garden Salad, Homemade Roll, Strawberry Yogurt & Pudding Parfait # meals _____</p>	<p>21 Baked Ham Scalloped Potato, Peas, Applesauce Cake # meals _____</p>	<p>22 Corned Beef & Cabbage Boiled Potato, Carrots & Turnip Banana Cream Tart # meals _____</p>	<p>23 Haddock in Hollandaise Mashed Potato, Garden Blend Veggies, Blueberry Shortcake # meals _____</p>
<p>26 Meatloaf with Gravy Mashed Potato, Beets, Carrot Cake # meals _____</p>	<p>27 Cold Plate- Sliced ham, Potato Salad, Pasta Salad, Chicken Salad, Roll, Lemon Poppy Seed Cake # meals _____</p>	<p>28 Homemade Beans & Wieners, Corn Bread, Coleslaw, Apple Pie # meals _____</p>	<p>29 Chicken Stir Fry Rice, Eggroll, Vanilla Cupcakes # meals _____</p>	<p>30 Fish Cakes Chow chow, Carrots, Brownies # meals _____</p>

Number of meals ___ X \$7.00= _____

Please make payment to Dartmouth Seniors Service Centre by: Monday, June 5th

If you have any questions PLEASE Contact: Jan Garrison- Phone: (902) 465-5578 ext. 216 RECEIPTS available upon request ☺

PLEASE...THE MENU THAT YOU RETURN WITH THE DRIVER MUST BE FILLED OUT CLEARLY WITH YOUR NAME ON IT TO ENSURE THAT YOU GET THE MEALS YOU WANT ☺

Monday (DELIVERY DAY)	Tuesday's meal DELIVERED WED	Wednesday (DELIVERY DAY)	Thursday's meal DELIVERED FRI	Friday (DELIVERY DAY)
		MENU IS SUBJECT TO CHANGE		
			1 Hot Roast Beef Sandwich Home Fries, Coleslaw Bread Pudding # meals _____	2 Haddock in Egg Sauce Mashed Potato, PEI Veggies, Rice Pudding # meals _____
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